



SUSSEX SUPPORT SERVICE
PROMOTING CHOICE, INDEPENDENCE & WELL BEING

Volunteer role description

Role title	Volunteer Activity Companion (Carer Support)
Purpose of the role	To befriend, support and help those using the centre to engage in activities, conversation. Provide Carer Support Coordinator with practical help to ensure the smooth running of the sessions.
What you will be doing	Welcoming those using the centre, taking coats and settling the service user area of the centre. Engaging service users in activities, including but not restricted to: <ul style="list-style-type: none">• Singing• Arts & Crafts• Physical Activities• Cognitive Activities• Conversation• Reminiscence Activities These may be led by the Carer Support Coordinator, an outside facilitator or yourself (as and when you feel confident to do so). The activities may be in a group or 1-1 depending on the needs and requirement of the service user. Making beverages and serving. Clearing down and loading and emptying the dishwasher. Occasional washing up. Laying the table, serving lunches and clearing away. Wiping down tables.
Skills, experience and qualities needed	Interest in supporting older people to live well. Good communications skills, proactive with a can do attitude and empathy.
When and where	Victoria Pavilion Support Centre, Uckfield Flexible opportunities to volunteer on Tuesdays between 10am and 4:30pm & Saturdays 1pm -5pm
Support offered	Induction & Training Regular Supervision with Day Centre Coordinator Team meeting Out of pocket expenses given with prior approval, including transport to and from the centre.
What you could get out of it	A chance to meet others, gain new skills and training, hot two course lunch if volunteering at lunch time, refreshments throughout the day.
Other relevant information	DBS check required and mandatory training will need to be completed as we are overseen by Support With Confidence Scheme.
What to do if you're interested	Fill out our application form. We ask you to come along and join us for 3 volunteer sessions at a mutually convenient day and time. We then meet to chat and see if we are the volunteer opportunity for you. After which we start the DBS checks and training.