



Student Volunteer Role Description

Role title	Volunteer Activity Companion (Day Centre)
Purpose of the role	To befriend, support and help those using the centre to engage in activities, conversation. Provide Day Centre Coordinator with practical help to ensure the smooth running of the day.
What you will be doing	<p>Welcoming those using the centre, taking coats, and settling the service user area of the centre.</p> <p>Engaging service users in activities, including but not restricted to:</p> <ul style="list-style-type: none">• Singing• Arts & Crafts• Physical Activities• Cognitive Activities• Conversation• Reminiscence Activities <p>These may be led by the Day Centre Coordinator, an outside facilitator or if yourself (as and when you feel confident to do so). The activities may be in a group or 1-1 depending on the needs and requirement of the service user.</p> <p>Making beverages and serving. Clearing down and loading and emptying the dishwasher. Occasional washing up. Laying the table, serving lunches, and clearing away. Wiping down tables.</p>
Skills, experience and qualities needed	Interest in supporting older people to live well. Good communications skills, proactive with a can-do attitude and empathy.
When and where	Victoria Pavilion Support Centre, Uckfield Flexible opportunities to volunteer on Monday, Wednesday, Friday between 10am and 4:30pm
Support offered	Induction & Training Regular Supervision with Day Centre Coordinator Team meeting Out of pocket expenses given with prior approval, including transport to and from the centre.
What you could get out of it	A chance to meet others, gain new skills and training, hot two course lunch if volunteering at Lunch time, refreshments throughout the day.
What to do if you're interested	Fill out our application form. We ask you to come along and join us for 3 volunteer sessions at a mutually convenient day and time. We then meet to chat and see if we are right volunteer opportunity for you.